

WELLIS INFRARED SAUNAS

An infra cabin is efficient, yet gentler than traditional saunas, as the temperature inside is only 35-45 °C, thus it is suitable for people who don't prefer high temperatures. The heart of an infra cabin is an infrared heater that emits an invisible ray of certain defined wavelengths.

Long-wave infrared radiation penetrates into muscle fibers at a depth of 3.5 to 4 cm, resulting in 3-4 times stronger sweating than normal. Inside an infra sauna,

sweating happens not only through the sweat glands, but also through the sebaceous glands, which is important because many toxic substances are not soluble in water but only in body fat. In a normal sauna, 97% of the sweat consists of water, while in the case of an infra sauna, 80% of sweat is water and 20% of it is fat, and it contains cholesterol and other fat-soluble substances as well. So during the use of an infra sauna, you not only lose weight but also get rid of harmful chemicals and toxins accumulated in your body.



BENEFICIAL EFFECTS of the finnish sauna

The high temperature in saunas and the resulting steam cause increased sweating by widening the pores of the skin. Various toxins and other deposits leave the body through the pores by sweating. Sauna users often feel refreshed and experience health improvements, which is not a coincidence. Your body carries out detoxification by sweating, while your muscles become relaxed, and your overall well-being improves greatly.

The hot vapour boosts blood circulation in every part of the body, including muscles and joints. As a result, oxygen supply improves, which is essential for cell regeneration and formation of new cells. Many consider saunas to be a more

effective weight-loss method than sports. It is a fact indeed that saunas have a positive effect on metabolism – it accelerates it and enhances its effectiveness, which might result in weight loss. Spending 15-20 minutes in a sauna is equal to a one-hour brisk walk or to a lighter training session! Regular sauna use can help you relieve tension. People with sleep difficulties (e.g. insomnia) are particularly fond of using saunas because it promotes deep and relaxing sleep.





HELIOS HEMLOCK

INFRARED SAUNA

82.8 × 100.7 × 194 cm | Indoor Redlight[™] infrared sauna for 1 person
Canadian hemlock tree | 6-mm thick tinted safety glass door and sides
chromotherapy LED illumination | Bluetooth receiver (for playing music)
2 x speakers | ventilation holes | energy requirement: 1.65 kW
4 pcs energy saving RedLight heaters (1 back - 350W, 2 front - 400W/pc, 1 calf level - 500W)





SOLARIS HEMLOCK

INFRARED SAUNA

131.4 × 99.3 × 194 cm | Indoor Redlight[™] infrared sauna for 2 people Canadian hemlock tree | 6-mm thick tinted safety glass door and sides chromotherapy LED illumination | Bluetooth receiver (for playing music) 2 x speakers | ventilation holes | energy requirement: 2 kW 5 pcs energy saving RedLight heaters (2 back – 350W/pc, 2 front – 400W/pc, 1 calf level – 500W)





SUNDANCE HEMLOCK

INFRARED SAUNA

159.4 x 99.3 × 194 cm | Indoor Redlight[™] infrared sauna for 3 people Canadian hemlock tree | 6-mm thick tinted safety glass door and sides chromotherapy LED illumination | Bluetooth receiver (for playing music) 2 speakers | ventilation holes | energy requirement: 2.35 kW 6 pcs energy saving RedLight heaters (3 back – 350W/pc, 2 front – 400W/pc, 1 calf level – 500W)





ECLIPSE HEMLOCK

COMBINED SAUNA

204.3 × 200.8 × 205.5 cm | Redlight[™] infrared sauna combined with a Finnish sauna for 5-6 people Canadian hemlock tree | 6-mm thick tinted safety glass door and sides chromotherapy LED illumination | Bluetooth receiver (for playing music) 2 speakers | ventilation holes | sandglass | lava rock 8 pcs RedLight[™] infrared sauna heaters 2.8 kW/230 V (3 × 350W, 3 × 350W, 2 × 350W) Heater for Finnish sauna: 8 kW/380 V | heat and humidity meter | wooden pail with spoon





IGNEUS HEMLOCK

FINNISH SAUNA

150 × 105 × 190 cm | Indoor Finnish sauna for 2 people Canadian hemlock tree | 8-mm thick safety glass door and sides fixed floor grid | removable stove protection grid heat-resistant luminary with wood panel | ventilation holes Sawo furnace for Finnish sauna: 4.5 kW/220 V | lava rock heat and humidity meter | wooden pail with spoon | sandglass



Sawo finnish sauna stove



SERENIS HEMLOCK

FINNISH SAUNA

180 × 150 × 210 cm | Indoor Finnish sauna for 4 people Canadian hemlock tree | 8-mm thick safety glass door and sides fixed floor grid | removable stove protection grid heat-resistant luminary with wood panel | ventilation holes Sawo furnace for Finnish sauna: 8 kW/380 V | heat and humidity meter wooden pail with spoon | sandglass | lava rock



Sawo finnish sauna stove



CALIDUS HEMLOCK

FINNISH SAUNA

200 × 170 × 210 cm | Indoor Finnish sauna for 5-6 people Canadian hemlock tree | 8-mm thick safety glass door and sides fixed floor grid | removable stove protection grid heat-resistant luminary with wood panel | ventilation holes Sawo furnace for Finnish sauna: 9 kW/380 V | lava rock heat and humidity meter | wooden pail with spoon | sandglass



Sawo finnish sauna stove





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